



Lincoln Park Police Athletic League

P.O. Box 391
Lincoln Park, N.J. 07035

October 2016 - Edition

PAL Executive Board (2015-2016)

Matt Madsen - President
Keith Delaporte - Vice President
Colleen Brogan - Treasurer
Amy Seise - Recording Secretary
Sue Volante - Corresponding Secretary
Mike Runfeldt - Director

Cathy Adubato - Trustee
Anthony Cabalar - Trustee
Donna Elefante - Trustee
Kim LoMonaco - Trustee
Susan Osias - Trustee
Kathy Pizzo - Trustee

General PAL News -

GENERAL MEETING

You are invited to attend the next General PAL meeting, which will be held on **Tuesday, November 22nd at 8 pm** in the PAL Building, everyone is invited! Come find out how, when, why and who makes the decisions that affect PAL sports. Your input is valuable and needed.

FOOTBALL

Director, Jim Herbek

Let's Go Raiders!!!



Saturday, Oct. 29th	Home vs. Franklin Lakes
Saturday, Nov. 5th	Away vs. Pequannock
TBD	Playoffs
TBD	Consolation Playoffs hosted by Lincoln Park
TBD	SUPERBOWL

CHEER

Director,
Maylu Santiago-Fajardo



Our Cheerleaders have been doing a fabulous job and performing beautifully at the weekend games this season! Our Competition squads have been practicing diligently as they get ready for they upcoming competitions. A special thank you to the competition coaches who have said "yes" to committing their precious time!

CHEER *continued*

Thank you also to all the coaches, parents and volunteers for your cooperation and support in making our Can Drive weekends such successful events.



Upcoming Fundraisers

California Pizza Kitchen-CPK [Friday, October 28th](#)

Red Barn- [Fri., Nov. 11th 4:30pm-8:30pm](#)

Painting with a Twist- [Monday, November 28th 7pm-9pm](#)

We continue to hope and pray for a great season! We are looking forward to yet another successful fun weekend filled with many exciting activities, cheer and of course football!

Cheers!!!



Lincoln Park Police Athletic League

P.O. Box 391
Lincoln Park, N.J. 07035

SOCCER

Director, Mike Iapocce

Travel Soccer

Spring Travel Soccer Tryouts will be held Saturday November 5 at Lanes Field for the following age groups:

2009 – 10:00 Bears
2008 – 10:00 Lions
2007 – 9:30 Red Wolves
2005 & 2004 - 9:30 Scorpions
2003 - 9:30 Raptors/Tigers

This fall we have three new travel teams, our U8 Bears, U9 Lions & U14 Raptors bringing our total to 8 travel teams for the fall season.



Our U9 Lions celebrating their first win as a team!!



IN TOWN PAL BASEBALL/SOFTBALL

Director, Anthony Cabalar

TRAVEL BASEBALL

2017 Blue Devil tryouts were held this past weekend. If your child was unable to attend or is interested in joining the program please email Anthony Cabalar at dadgammcab@aol.com.

TRAVEL SOFTBALL

Director, Matt Madsen

We had a great turnout for player evaluations on October 8th but still have a couple of rosters spots available on the 12U and 14U teams. Please contact CoachRory@lpangels.com if you have a player interested in trying out for the team.



BASKETBALL

Director, Keith Delaporte

In town basketball registrations start this Tuesday the 25th in the PAL--come on down and sign your son or daughter up for Rec basketball that starts December 1st.

Travel tryouts are completed now and the travel program will start practicing November 1st as the new season will soon be on us.

The 13th annual Turkey tournament for the girls will kick off on November 17th as this is our major fundraiser for the program. Hope that you all will come down and support the program and watch some exciting basketball.

If anyone has any Rec basketball questions please feel free to email me at keithdelaporte@optonline.net.